## Abstract of the Disclosure

A task light assembly including a long flexible fiber optic element capable of transmitting light between light inlet and light outlet ends; a light source at the light inlet end of the fiber optic element; and a reel assembly for supporting the light source and the light inlet end of the fiber optic element and for allowing movement of the fiber optic element between a storage position with the light outlet end of the fiber optic element supported in a storage position, and an extended use position with the light outlet end of the fiber optic element at a work location remote from the storage position.